

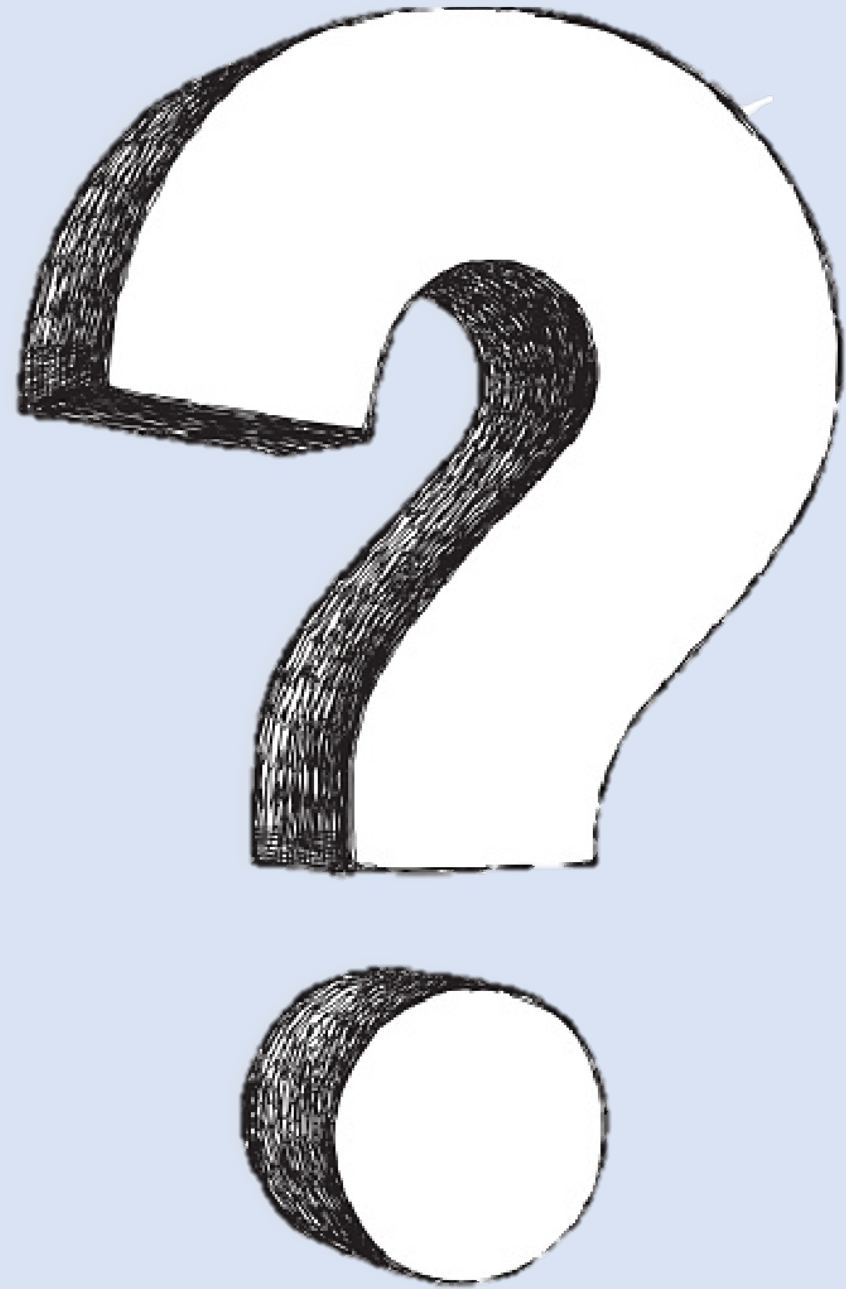
# Academic Support Service

Study Skills and English for Academic  
Purposes (EAP)

What is the difference?

EAP....

Study Skills...



# Academic support in EAP and Study Skills

## Reading

- Strategies for effective reading
- Critical reading
- Approaching difficult theory
- Using texts to build vocabulary in your subject area

## Listening and Speaking

- Following lectures
- Note-taking strategies
- Presentations

## Writing

- Essay structure
- Referencing
- Critical writing
- Paragraph structure

## Planning and Time Management

- Planning
- Organisation
- Procrastination and writer's block
- Self-motivation

## EAP Specifically

- Focus on grammar and learning English language conventions in academic work

*One thing we don't do.....  
Proofread!*

*However, we do have  
HOW TO guides that we  
can share with you when  
you book 1:1 support*



## HOW TO reflect on learning

“Learning is the process whereby knowledge is created through the transformation of experience” (Kolb, 1984, p.38).

### What?

#### (description)

- What happened? Give a concise, factual account, but don't go into every tiny detail.
- Feelings:
  - How can you explain your feelings? What was affecting them? Did they change? Why?
  - How did they affect your actions and thoughts at the time?
  - Looking back, have your views on this changed?

### So what?

#### (evaluation)

- What was positive? What was negative? What made you think this?
- How do you feel about these judgements now?
- What made you think something was good or bad?
- Did you experience, notice, feel anything that surprised you?
- How was your experience different from what you expected?
- What did you learn about working/communicating with people?
- What did you learn about how you work?

#### (analysis)

In this section of the reflection, examine the experience in depth, and start to theorise about key aspects of the experience which need to be examined for the future e.g. communication or time management.

- How was it flawed? In what way? Why? How should it work in this situation?
- What ideas or theories are connected to this? Does theory about this aspect help you make more sense of what happened?
- Could you use theory to improve this aspect in the future?

#### (conclusion)

Sum up the key things learned through the reflective process, the main factors affecting the situation, and what you need to improve e.g. skills, time management, research.

### Now what?

#### (action plan)

- What could you do differently next time and how could you prepare for this?
- How can you apply this learning to your future practice?
- If you could do the activity/project/task again, what would you do differently?

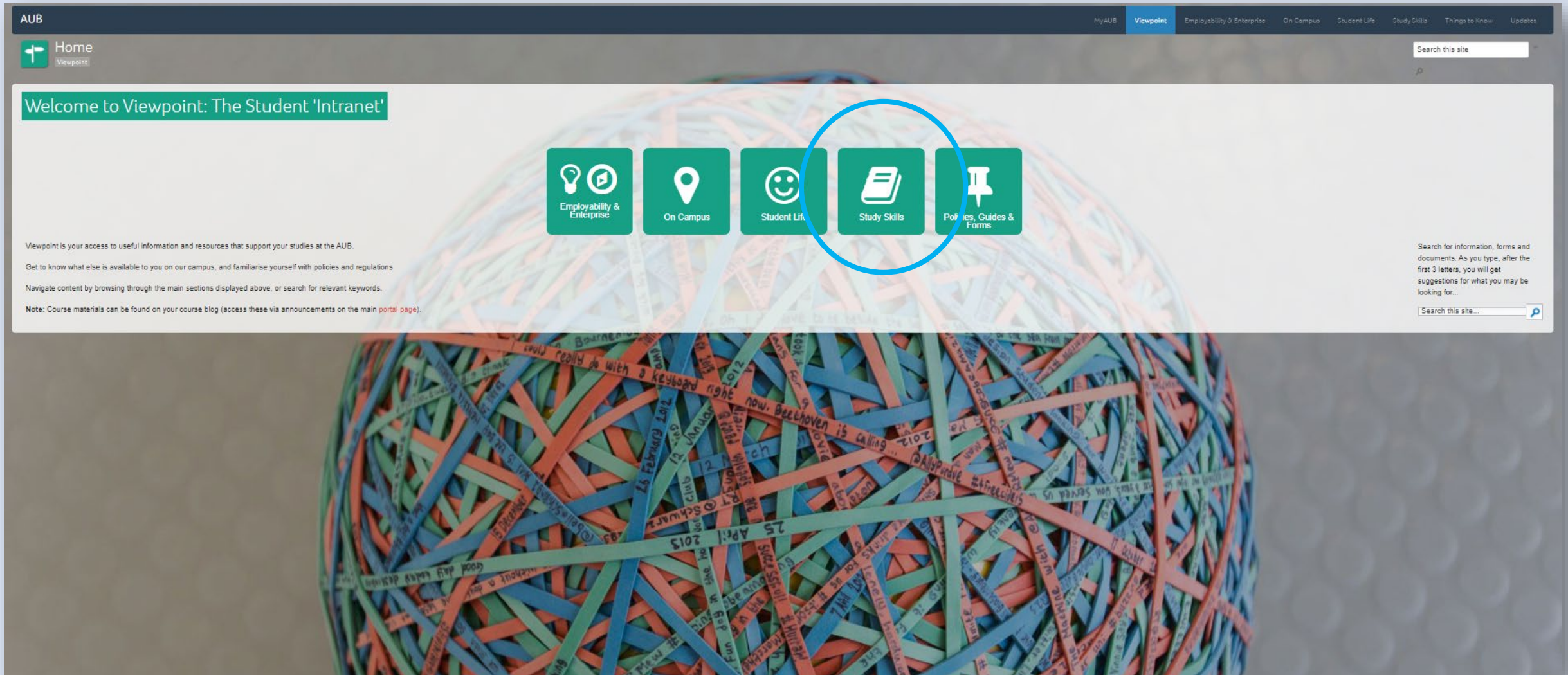
*Note: This is a general model and might not fit exactly to all the reflective writing pieces you will have to complete at your time here at AUB. For example, some of the parts might be combined together (e.g. evaluation and action plan).*

## HOW TO reflect on learning



Gibbs' Model of Reflection (1988)

We also have a range of useful Study Skills resources and videos on the AUB website:  
<https://viewpoint.aub.ac.uk/Pages/default.aspx>



AUB

My AUB Viewpoint Employability & Enterprise On Campus Student Life Study Skills Things to Know Updates

Home Viewpoint

Search this site

Welcome to Viewpoint: The Student 'Intranet'

Employability & Enterprise On Campus Student Life Study Skills Policies, Guides & Forms

Viewpoint is your access to useful information and resources that support your studies at the AUB.

Get to know what else is available to you on our campus, and familiarise yourself with policies and regulations

Navigate content by browsing through the main sections displayed above, or search for relevant keywords.

Note: Course materials can be found on your course blog (access these via announcements on the main portal page).

Search for information, forms and documents. As you type, after the first 3 letters, you will get suggestions for what you may be looking for...

Search this site...

# Study Skills and EAP Tutorial Contacts



Kizzy Beaumont



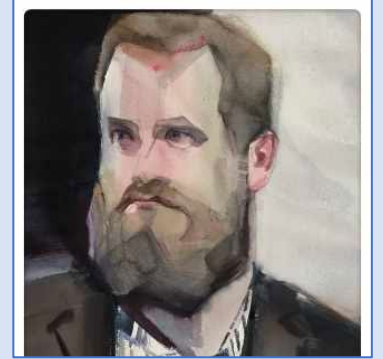
Julia Kotula

## Study Skills (Julia & Kizzy)

- **Study Skills Workshops** open to all students
- **Bespoke in-course workshops** (organising and delivering online)
- **Virtual tutorials** with students whose first language is English

## EAP (Emma & Trevor)

- **Academic Skills and Language Courses** (Preessional (BA/MA), Insessional, Study Abroad and International Foundation Diploma students)
- **Bespoke in-course workshops** (organising and delivering online)
- **Virtual tutorials** with students who have English as an additional language



Trevor Herndon



Emma Lay

*To book your initial appointment: email Student Advice at [studentadvice@aub.ac.uk](mailto:studentadvice@aub.ac.uk)*