

WORD

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AUB Community  
Summer Term 2023

Happy Summer Term! We hope you are having a wonderful time at AUB and are looking forward to beach visits in the warmer weather!

We've been busy in the Spring Term with lots of fun events in Halls including bracelet making, painting and we even welcomed some very cute visitors from Helpful Hounds.

We've got lots of fun events and activities planned for the Summer Term so read on to find out more and for updates to support services to ensure your time in halls is the best experience

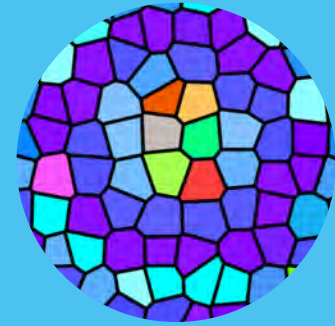
# Hello



# What's On this Term

## Madeira Road

- Mosaic Workshops throughout the term - join us creating three mosaic designs for the Madeira Road garden!
- May 17 - Mindful Drawing session, come along at 5pm with paper and pencils for an event with the illustrator, Lauren Marina



## Campus Halls

- Cartoon Quiz - test your animation knowledge on Thursday 20 April at 6pm
- Massage Monday - May 15 from 2pm in the Campus Halls Common Room
- The Alpaca's are outside Campus Halls on Thursday 18 May at 12pm

## Home Park

- Escape from Home Park - we are opening up an escape in Home Park with the fastest team to escape winning a prize!
- Bingo night! Grab your markers it's bingo time on May 24 at 6pm, with a mixture of number and musical bingo!



For up to date event info and more announcements follow us on Instagram @aubchampions

# £500 for your thoughts?



It's more than just student accommodation, it's a home - your home and we want to hear how we can improve it

The National Student Housing Survey has launched and we want to hear about your experience in AUB accommodation

Scan the QR code to complete the survey and be in with the chance to win £500



# Helpful Hounds Take over Campus Halls

On the 28th of February some very special guests made an appearance at Campus Halls - Hobi & Raffi from Helpful Hounds!

Over 150 of you came to say hello and give them a cuddle or a pet and they loved it! Even Hobi who did get a little sleepy part way through

Raffi is a beautiful Golden Retriever who loved saying hello to you all and Hobi is a puppy Nova Scotia Duck Tolling Retriever who is still training to be the best Helpful Hound he can be



If you weren't able to make the visit and missed out on the dogs or if you wanted to see them again, keep an eye on our Instagram page for future visits and pupdates



# Alpaca ya phone for selfies

The Alpacas are coming to  
Campus Halls on May 18th  
from 12 to 1pm



# Staying in Bournemouth this Summer? Need a place to stay?



We have limited rooms available in  
Campus Halls over the summer break

If you are planning to work in Bournemouth  
this Summer or just soak up the sunshine, a  
room in Campus Halls would be a great  
option

Ensuite rooms are available at £120 per  
week with minimum one week tenancy

Email [studentadvice@aub.ac.uk](mailto:studentadvice@aub.ac.uk) for  
more info

# We're Hiring!

We are recruiting for Community Champions to join the team in September!



The role's focus is the promotion and encouragement of an inclusive supportive student community through increasing student engagement with AUB events and services.

The work will take place mainly off campus and in Halls of Residence. However, there will be a requirement to support AUB and AUBSU at events throughout the academic year.

**Have you got what it takes to be an AUB Champion?**

To apply please submit up to 100 words as to why you think you would be a great Community Champion to:

**[communitychampions@aub.ac.uk](mailto:communitychampions@aub.ac.uk)**

Deadline for applications Friday 28 April



# Design a tote bag for your halls!



We would love to offer you all a memento of your time in halls by asking you to design a tote bag for Campus Halls, Home Park & Madeira Road

Your submission should represent your halls of residence and will be used as a lovely reminder of your time in AUB Halls after you depart

Designs will be presented to a panel of judges and the winning design will be printed on a tote bag and available for all residents to purchase!

Email your design in your chosen format to [communitychampions@aub.ac.uk](mailto:communitychampions@aub.ac.uk)

Deadline for submissions April 28

# Looking for a tasty breakfast or an affordable midday snack?

Give our simple and yummy flapjack recipe a try

## **You will need:**

175g of butter

175g of light brown sugar

3/4 tablespoons of golden syrup

350g of porridge oats

Optional dried fruit, chocolate chips or seeds

## **Method:**

Place the butter, light brown sugar and golden syrup into a saucepan and stir over a low heat until the butter has melted and the sugar has dissolved

Remove from heat and stir in the porridge oats and any other extras if necessary and bake for 40 minutes in the oven at 150 celcius or 130 celsius

Once baked remove from the oven and let it cool for 15 minutes, once cooled cut in squares and voila! A tasty breakfast or a filling midday snack to take to campus





*Picture of the Term*  
Check out those puppy dog  
eyes on Raffi, he was so  
happy to meet all of you!

# Mmm.. It's Massage Monday

Grab a free head & shoulder massage

Campus Halls  
Monday 15 May  
12.00 - 2.00pm



DISCO

YARD  
PARTY  
2023

GROOVE

ON CAMPUS  
FRIDAY  
19.05.23

FREE  
ENTRY

*The Hush  
Club*



DJ JUST JOSS



5PM-  
10PM



PHOEBE  
WILKINSON



MUG-O-MATIC • SQUIDGE & POP  
BUBBLE WORKSHOP • PIZZA •  
ROLLED ICE CREAM • BUBBLE TEA •  
COCKTAILS • & MORE!

@absu



The Arcade, located on the beach front, is a great place to play games and have fun with friends. It's perfect for a rainy day or a night out. You don't need to spend a fortune to have a great time either with plenty of fun to be had on a penny machine.

For any AUB student the Russell-Cotes Art Gallery & Museum is a must-visit. This unique museum houses a collection of fine art and artefacts from around the world, and the building itself is a work of art with amazing views of the seafront.



A must visit in Bournemouth is the Oceanarium! Located on the seafront, it is home to a variety of marine life including sharks, turtles, otters and penguins! It is a great place to learn about marine conservation and get up close to some amazing creatures

# Exploring Bournemouth with Anastasiia



Bournemouth is a great base for exploring the surrounding area including Poole and Sandbanks on bus 17 and Christchurch on bus 1 and 1B. You can also take the X3 bus to Salisbury, a historic city with a stunning cathedral and plenty of shops and restaurants

From Salisbury, you can take a tour to Stonehenge, one of the UK's most famous and must visit landmarks. This ancient stone is shrouded in mystery and is a fascinating place to visit.



Why not take the train from Bournemouth to Southampton to explore the city including the Sea City Museum to learn about the city's Titanic connection. Or catch a ferry to the Isle of Wight or travel further out to the New Forest, an area of extraordinary natural beauty and ponies, donkies, deer and more!



# Exploring Beyond Bournemouth with Anastasiia

# Student Services

## STUDENT SERVICES

Throughout your time at AUB, support is always available from Student Services.

Whether you need help with your studies, advice on accommodation or support with health and wellbeing issues, Student Services have you covered.

To book an appointment with any service please visit [booking.aub.ac.uk](http://booking.aub.ac.uk) or email [studentadvice@aub.ac.uk](mailto:studentadvice@aub.ac.uk) for assistance.

## COUNSELLING

Professionally accredited by the British Association for Counselling and Psychotherapy, the AUB Counselling Service works with students to help manage any personal, emotional issues within a safe, confidential, and non-judgmental space.

## STUDENT ADVICE

Advisers are here to offer guidance on practical issues such as accommodation, funding and financial support, as well as accessing local services. They can also guide you through the booking processes to access the support in Student Services.

## STUDY SKILLS

Study Skills offer 1:1 and small group support in study skills and strategies to help you develop as an independent learner. Study Skills Tutors can help you understand assignment briefs, manage your time, and improve critical thinking skills.

## ENGLISH FOR ACADEMIC PURPOSES (EAP)

If your first language is not English, EAP tutors can support your academic language and communication skills. They too offer 1:1 and small group support in study skills and strategies to help you develop as an independent learner, as well as support with time management, understand assignment briefs and improve critical thinking skills.

## WELLBEING

This service offers confidential guidance and practical strategies of self-management, for all AUB students and particularly those with mental health difficulties. Students can access for themselves or can also seek advice and support for another. There is a daily drop-in online (via booking site) or in person – where no appointment is needed.

## DISABILITY SUPPORT

Advice and support with any disability related issue can be accessed via this service. Whether this be Disabled Students Allowances (DSA), accessibility issues or reasonable adjustments for learning difficulties, e.g. dyslexia.

**Click here** for more detailed information on each service

## FAITH AND REFLECTION

The Faith and Reflection Team offer support, soul care, sanctuary space and opportunities for exploring spirituality to all staff and students from AUB and BU.

Our multifaith chaplaincy team is made up of local people of faith, but we are around for people of all faiths and none.

The Faith and Reflection Centre is based in Talbot House, on BU campus just next to AUB. The centre has a quiet room, an Islamic prayer room and has space for you to come and relax with no booking; open daily 08.30 – 19.00.

For more information about the service and all that it has to offer, head over to the Faith and Reflection Website or check them out on IG - [@buandaubfaith](https://www.instagram.com/buandaubfaith)

If you would like to get in contact with the service, you can do so on the following:

Tel: **+44 1202 965383**

Email:

[faithandreflection@bournemouth.ac.uk](mailto:faithandreflection@bournemouth.ac.uk)

## REPORT AND SUPPORT

### Report and Support

AUB is committed to providing a positive experience for our students and believe that abusive behaviours are never acceptable. Our online Report and Support tool enables anyone to report concerns anonymously, make a formal complaint, and/or receive support.

[reportandsupport.aub.ac.uk](http://reportandsupport.aub.ac.uk)

