

Spring Term

On Campus at AUB

Tea + Toast

FREE tea and toast for all staff and students in the Refectory every Monday, Wednesday and Friday 08.30 - 10:00. Subject to availability, so get in there quick!



Breakfast Bonus

Every Tuesday and Thursday, check out the AUB Community Tricycle at Campus Halls for their breakfast giveaways from 08.30 - 10:00.

Sharing Shed

Monday - Friday 08.30 - 16.30

Open for AUB students to access as and when needed. Items inside include household things like toilet roll, kitchen roll and washing up liquid, as well as cupboard foods such as soup, pasta and coffee.



Value Meals

Keep an eye out for the value 'dish of the day' over lunchtimes in the Refectory, available every weekday Monday to Friday. From soup to noodles, they've got you covered.

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Printing Prices

New for the Spring term, you'll find a 50% reduction in printing costs when topping up your credit via MyAUB.



Souper Mondays

Every Monday 12:30 - 14:00

Head to the faith and reflection centre for free vegan soup & soulcare. Open to all AUB students for a weekly opportunity to connect with others, take a breath & have some lunch!



Period Poverty

Free sanitary products available in every toilet on AUB's campus, or available to collect from AUB Student Union.



Want to Know More?

You are always welcome to pop into Student Services for a chat, email us on studentadvice@aub.ac.uk or follow us on Instagram.

[@aubsupport](#)

[@aubchampions](#)